

Dear Sister

Thank you for your good wishes for my happiness, and for the prayers which accompanied them. I too ask God to grant you each day fresh graces, that your heart may rise to the divine Spouse in a generous manner.

The apprehension which is tiring your mind and harming your physical health, is partly caused by this rather melancholy mood I have spoken to you about before. Be a little more cheerful, simple and confident, and think less about yourself. Be reasonably careful to chase away sad thoughts and somber imaginations; have more faith in the promises of God and more confidence in your holy Angel and in the Queen of Angels; be wisely moderate in all your movements and attribute all to the glory of your divine Spouse. These are remedies which will enable you to triumph over an imaginary but dangerous evil. Besides, what harm could the friends of God do to you? Your Sisters are in heaven, and are praying for you.

Pray too, my dear Child, for

Your very devoted spiritual Father

C. G. Van Crombrugghe

17th January 1836